



## HAZEL'S KITCHEN

### VEGETARIAN & VEGAN MENU

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*Roasted Vegetable Quinoa*

*Roasted Vegetable & Brown Rice*

*Black Beans Brown Rice*

*Roasted Aubergine with Seasoned Rice*

*Roasted Pepper with Vegetable CousCous*

*Spicy Sweet Potato & Swede Chips*

*Stir Fried Vegetable Stuffed Peppers*

*Mushroom, Tomato & Spinach Lasagne*

*Broccoli & Cauliflower Cheese Bake*

*Roasted Vegetable Pasta*

*Spicy Aubergine & Courgette Bake*

*Kale, Spinach & Sweet Potato Curry*

*Mushroom & Chickpea Stew*

*Mixed Bean Curry*

*Vegetable Stew in Tomato Sauce*

*Mashed Butternut Squash with Buttered Bean & Spinach Stew*

*Red Cabbage Coleslaw with Vinegar & Black Pepper*

*Beetroot & Red Cabbage Coleslaw with Vinegar*

*Cucumber, Red Pepper, Carrot, Red Onion & Beetroot Salad*

*Roasted Cauliflower & Broccoli Salad*

*Roasted Vegetable Salad*